

Co-Op Student Nurse Program

University of Cincinnati Medical Center

Skills Checklist

University of Cincinnati College of Nursing

Student Name: Angela Tardino

Department/Hospital: CVICU UCMC

Preceptor Name: Kelly Cole

Preceptor Signature/ Initials: KAC

General Checklist:

Preceptor to date and initial completion
of the item in the appropriate column

Reviewed	Performed w/ Instruction	Performed w/ Supervision	Skills or Knowledge Demonstrated
<u>KAC 6/1/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>DAT 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>VAC 6/21</u>			Administration <input checked="" type="checkbox"/> EHR Access/Documentation System <input checked="" type="checkbox"/> Preceptor Contact Information <input type="checkbox"/> Call-off Process <input checked="" type="checkbox"/> Payroll <input checked="" type="checkbox"/> Located policies <input type="checkbox"/> Webmail <input checked="" type="checkbox"/> myKnowledge (LMS) expectations <input checked="" type="checkbox"/> Access to point of care devices (mobile phlebotomy, AccuChek) <input checked="" type="checkbox"/> Everbridge
<u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>VAC 6/21</u>			Safety Awareness/Emergencies <input checked="" type="checkbox"/> Located crash cart(s) <input checked="" type="checkbox"/> Located fire alarms <input checked="" type="checkbox"/> Located oxygen shut off valves, verbalize policy for shut off <input checked="" type="checkbox"/> Demonstrated knowledge of procedure for "calling a CODE Blue" <input checked="" type="checkbox"/> Demonstrated knowledge of indication and/or activation of the Rapid Response Team <input checked="" type="checkbox"/> Located the yellow Emergency Procedure Guide and Disaster manual location, evacuation plans for unit <input checked="" type="checkbox"/> Described actions for all emergency codes listed in the emergency procedures guide <input checked="" type="checkbox"/> Responded during emergencies and assist to obtain necessary items <input checked="" type="checkbox"/> Located med sled and described unit specific guidelines for using this equipment <input checked="" type="checkbox"/> Located eyewash <input checked="" type="checkbox"/> Located soiled utility room and adhered to standards for disposal of all waste and body fluids <input checked="" type="checkbox"/> Maintain clear and clutter-free rooms and hallways <input checked="" type="checkbox"/> Keep equipment plugged in when not in use
<u>VAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u> <u>KAC 6/21</u>			Assessment and Documentation <input checked="" type="checkbox"/> Conducted/documentated a nursing assessment <input checked="" type="checkbox"/> Completed a set of vital signs (manually and/or electronically) and weight per unit standards

PURPOSE

Your preceptor will initial/date each item as it is completed. All skills will be completed per hospital policy. Delphie's Fundamentals and Advanced Nursing Skills, and/or hospital policy. You are responsible for all of the knowledge and skills contained in this checklist if available with direct instruction or always under the supervision (oversight) of your preceptor, an RN. Frequently review this checklist and use it to guide your goals during your clinical time. If you are unable to complete all the items due to the lack of opportunity, you must demonstrate the ability to locate resources for these items and verbalize understanding. Your preceptor will acknowledge this understanding in the section titled, "Reviewed".

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		KAC 6/21 KAC 6/21	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Completed & updated Care Plan on admission & every shift <input checked="" type="checkbox"/> Documented Patient Education in EPIC
	KAC 6/21 KAC 6/21	KAC 6/21 KAC 6/21 KAC 6/21	<p>Patient Admission</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Set up room for admission <input checked="" type="checkbox"/> Completed admission documentation in EPIC within 24 hrs <ul style="list-style-type: none"> • Admission Navigator • Care plan and made appropriate referrals • Patient Belonging Flowsheet (print, patient signs, put in chart) • Released, signed and held orders • Verified allergy information in EPIC <input checked="" type="checkbox"/> Ensured ID/Allergy/Fall Risk bands placed on patient <input checked="" type="checkbox"/> Oriented the patient/visitors to room, call light, phone, visiting hours, white board, room service (menu provided if applicable) <input checked="" type="checkbox"/> Demonstrated IMPACT Connections, interventions to positively influence the patient experience
		KAC 7/21	<p>Patient Discharge/Transfer</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Completed discharge documentation <input checked="" type="checkbox"/> Provided patient with prescriptions and offered instructions for filling prescriptions in an outpatient pharmacy <input checked="" type="checkbox"/> Provided After Visit Summary to patient/family <input checked="" type="checkbox"/> Accessed and utilized Clinical References in Epic or other resources for patient education at discharge <input checked="" type="checkbox"/> Ensured PIVs are removed <input checked="" type="checkbox"/> Ensured home care arranged (i.e. CVADs, O₂, PT/OT) <input checked="" type="checkbox"/> Ensured pt/family had belongings & completed belongings checklist <input checked="" type="checkbox"/> Assured arrangement of discharge transportation <input checked="" type="checkbox"/> Provided a patient report to a nurse on another unit or outlying facility in preparation for transferring a patient <input checked="" type="checkbox"/> Assisted with room breakdown per unit standard
		KAC 7/21 KAC 7/21	<p>Communication & Job Tools</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrated filling out white board/patient communication board every shift <input checked="" type="checkbox"/> Performed hourly rounding according to unit standard <input checked="" type="checkbox"/> Demonstrated ability to identify and contact the appropriate physician when necessary <input checked="" type="checkbox"/> Demonstrated knowledge of Chain of Command <input checked="" type="checkbox"/> Demonstrated knowledge of indications for incident reporting & how to complete an incident report <input checked="" type="checkbox"/> Demonstrated knowledge of procedure for managing and reporting needlesticks and other work-related exposures <input checked="" type="checkbox"/> Demonstrated understanding of charging system <input checked="" type="checkbox"/> Demonstrated understanding of SBAR with hand-offs in patient care using bedside reporting as indicated <input checked="" type="checkbox"/> Demonstrated knowledge of patient transport and communication process
		KAC 7/21 KAC 7/21	<p>Medication Administration</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Administered / documented patient medications appropriately <ul style="list-style-type: none"> • Assuring 8 Rights – right patient, right medication, right dose, right time, right route, right documentation, right

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		KAC 7/21	<ul style="list-style-type: none"> • Correct use of scanner/barcodes/ medication administration process • Utilizing 2nd nurse verification process <input checked="" type="checkbox"/> Demonstrated understanding of the Heparin Protocol <ul style="list-style-type: none"> • Documented administration of the heparin drip in EPIC <input checked="" type="checkbox"/> Documented correct site for IM & SQ injections <input checked="" type="checkbox"/> Demonstrated knowledge of high alert meds and documentation <input checked="" type="checkbox"/> Demonstrated knowledge of PRN medication refill process <input checked="" type="checkbox"/> Demonstrated knowledge of IV Drug Guidelines <input checked="" type="checkbox"/> Demonstrated knowledge of unapproved abbreviations <input checked="" type="checkbox"/> Demonstrated knowledge of IV medication compatibility
KAC 7/21	KAC 7/21	KAC 7/21	<p>Labs</p> <ul style="list-style-type: none"> • Reported and documented critical lab values to MD/LIP <input checked="" type="checkbox"/> Demonstrated use of mobile care phlebotomy device <input checked="" type="checkbox"/> Verbalized patient safety rationale for labeling specimens at patient bedside <input checked="" type="checkbox"/> Collected blood specimen via Central Venous Access Device <input checked="" type="checkbox"/> Collected blood cultures per hospital policy <input checked="" type="checkbox"/> Collected urine specimens: clean catch, from catheter bag <input checked="" type="checkbox"/> Collected stool specimens <input checked="" type="checkbox"/> Collected 24 hour urine specimen <input checked="" type="checkbox"/> Collected sputum specimen <input checked="" type="checkbox"/> Obtained blood glucose level using glucometer and interpretation of results <input checked="" type="checkbox"/> Performed a venipuncture for lab specimen <input checked="" type="checkbox"/> Ensured appropriate processing of specimen: labeling, transport, computer order entry <input checked="" type="checkbox"/> Collected non-sterile specimen collection from other drainage tubes as ordered <input checked="" type="checkbox"/> Sent collected specimens to clinical laboratory using approved preparation and transport methods
KAC 7/21	KAC 7/21	KAC 7/21	<p>Intravenous Nursing Care</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrated IV Therapy concepts and knowledge <input checked="" type="checkbox"/> Demonstrated proper placement of a peripheral IV <input checked="" type="checkbox"/> Demonstrated proper care and maintenance of a CVAD <input checked="" type="checkbox"/> Demonstrated proper maintenance/flushing of PIVs <input checked="" type="checkbox"/> Successfully discontinued a Triple Lumen Catheter or PICC <input checked="" type="checkbox"/> Demonstrated proper cap change procedure
KAC 7/21	KAC 7/21	KAC 7/21	<p>Death and Dying</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Consulted spiritual care services <input checked="" type="checkbox"/> Demonstrated knowledge of post mortem care <input checked="" type="checkbox"/> Demonstrated knowledge of hospital policy for Advance Directives <input checked="" type="checkbox"/> Demonstrated knowledge of hospital policy for DNR/ AND consent
KAC 7/21		KAC 7/21	<p>Comfort - Pain Management</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Conducted/documented a comprehensive pain assessment and re-assessment <input checked="" type="checkbox"/> Demonstrated correct documentation in EPIC for any PRN, PCA and Epidural medication <input checked="" type="checkbox"/> Demonstrated understanding of analgesic medication guidelines

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			<ul style="list-style-type: none"> Controlled Analgesia <input type="checkbox"/> Demonstrated knowledge of caring for a patient receiving epidural analgesia
	KAC 7/21		<p><i>Protective Mechanisms</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrated knowledge of Infection Control policy and contact precautions <input checked="" type="checkbox"/> Demonstrated knowledge of Pressure Ulcer prevention <input type="checkbox"/> Demonstrated proper technique utilizing the patient lift equipment & using proper body mechanics <input checked="" type="checkbox"/> Demonstrated the use of all functions of the patient's bed. Including bed alarm, bed scale, CPR handle, Trendelenburg, locks, etc. <input type="checkbox"/> Skin/Wound Care <ul style="list-style-type: none"> • Demonstrated knowledge of assessment, documentation and implementing appropriate interventions • Demonstrated knowledge of the nursing management of a Vacuum-Assisted Closure Device (wound vac) <input checked="" type="checkbox"/> Seizure Precautions <ul style="list-style-type: none"> • Identified a patient at risk for seizure • Implemented seizure precautions <input checked="" type="checkbox"/> Restraints <ul style="list-style-type: none"> • Demonstrated knowledge of assessment, documentation, and alternatives to restraints • Demonstrated appropriate application of soft restraint using quick release knot <input checked="" type="checkbox"/> Patient Monitoring Protocol - telemonitoring, sitter, etc <input checked="" type="checkbox"/> CIWA Protocol <ul style="list-style-type: none"> • Demonstrated familiarity with assessment and documentation requirements for patients on CIWA Protocol
KAC 8/21			<p><i>Mobility</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Fall Prevention <ul style="list-style-type: none"> • Conducted and documented a fall risk assessment • Implemented fall prevention strategies • Demonstrated use and set-up of bed and chair alarms, including use of the call light interface • What to do in event of a fall (Post Fall Huddle, incident report) <input checked="" type="checkbox"/> Assisted PT/OT w/ ambulation and positioning <input checked="" type="checkbox"/> Performed ROM (active and passive)
KAC 9/21	KAC 7/21 KAC 7/21 KAC 7/21	KAC 7/21	<p><i>Elimination</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrated proper technique for placement of a Foley catheter <input checked="" type="checkbox"/> Performed CAUTI prevention per unit standard <input type="checkbox"/> Demonstrated proper technique for straight catheterization <input checked="" type="checkbox"/> Demonstrated use of bladder scanner <input type="checkbox"/> Demonstrated appropriate care of a colostomy or ileostomy, including assessment and acquisition of supplies <input type="checkbox"/> Successfully maintained a record of I/O's or STRICT I/O's <input type="checkbox"/> Demonstrated proper technique for insertion of NG tube <input checked="" type="checkbox"/> Demonstrated knowledge of caring for a patient with a NG tube
			<p><i>Nutrition</i></p>

Reviewed	Performed w/instruction	Performed w/supervision	Skills or Knowledge Demonstrated
	KAC 9/21		<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrated knowledge of dysphagia screen, and when to consult / speech pathology <input type="checkbox"/> Demonstrated knowledge of caring for G-tubes/PEG tubes <input checked="" type="checkbox"/> Demonstrated knowledge of caring for a patient on enteral nutrition <input type="checkbox"/> Demonstrated knowledge of parenteral nutrition TPN/Lipids <input checked="" type="checkbox"/> Conducted a calorie count <input type="checkbox"/> Demonstrated understanding of specific diet orders, meal delivery, communicating w/ Food & Nutrition Services, guest trays & room service <input checked="" type="checkbox"/> Followed unit standards for changing tube feeding bags.
	KAC 7/21	KAC 7/21	<p><i>Ventilation</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Administered O2 therapy per hospital policy <input type="checkbox"/> Demonstrated understanding of Incentive Spirometer & importance; also provided patient education on IS use. <input checked="" type="checkbox"/> Demonstrated knowledge of suctioning for airway maintenance <input checked="" type="checkbox"/> Demonstrated knowledge of caring for a patient with a trach <input checked="" type="checkbox"/> Demonstrated knowledge of caring for a patient with a chest tube <input type="checkbox"/> Demonstrated knowledge of safe handling and use of an oxygen cylinder
	KAC 7/21	KAC 7/21	<p><i>Circulation</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstrated knowledge of blood transfusions and precautions in place for reaction (VS per protocol, sign and symptoms of reaction) <input checked="" type="checkbox"/> Demonstrated knowledge of ECG interpretation & strip management of life threatening arrhythmias <input checked="" type="checkbox"/> Demonstrated use of 12 lead EKG equipment <input checked="" type="checkbox"/> Demonstrated understanding of cardiac monitoring per unit standards (lead placement, alarm management & equipment) <input checked="" type="checkbox"/> Demonstrated knowledge of assessing heart tones, vital signs & pulses <input checked="" type="checkbox"/> Demonstrated application of compression sleeves and/or TED hose, understands importance
			<i>Miscellaneous (Activities and skills unit specific)</i>

Signature/Initials _____

Signature/Initials _____