**INDIVIDUAL**

**DEVELOPMENT** **PLAN**

Client’s Name: Angela Farolino

Session Date: September 3, 2019

Coach’s Name: Erin Alanson

NAME IT!

THEME THEME THEME

CLAIM IT!

Crucial Insight

Statements About

This Theme

Client’s Goal

or Objective

AIM IT!

The Intentional

Steps the Client

Will Take to

Leverage His/

Her Talents

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**Focus**   **Analytical** **Learner**

Using my **focus** strength, I will discipline myself to work hard during undergraduate school in order to be accepted into graduate school. My goal is to achieve a 4.0 GPA each semester.

Using my **analytical** strength, I will explore the advantages and disadvantages presented for each potential graduate school after undergraduate school at the University of Cincinnati.

My goal is to narrow my options down to three schools.

Using my **learner** strength, I will motivate myself to push through undergraduate school at the University of Cincinnati before graduate school at a possibly different school.

My goal is to get involved in research each year.

My overall academic goal is to earn my Doctorate of Nurse Anesthesia Practice, which requires years of dedication.

have a great desire to learn and want to continuously improve; the process of learning, rather than the outcome, excites them

search for reasons and causes; have the ability to think about all of the factors that might affect a situation

can take direction, follow through, and make corrections necessary to stay on track; prioritize, then act

The future of my life at the University of Cincinnati is enhanced by my strengths. My overall academic goal is to earn my Doctorate of Nurse Anesthesia Practice, which requires years of dedication. Focus gives me the will-power to continue on this journey, while Analytical allows the possibility of other careers to be considered. Individualization and Relator makes connecting with patients more comfortable and natural, easing both sides of the interaction. Experiencing life through strengths has shown me a side of myself that I will nourish in the present and watch grow in the future.